

# Time

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## Parts of a Day

Days have four main parts. Let's read about each part.

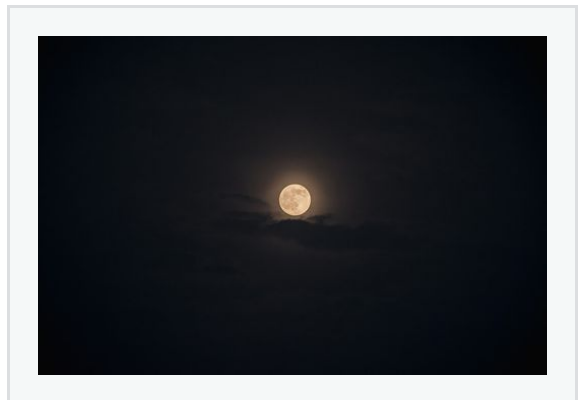
Morning is the early part of the day. The morning starts when the sun rises. It starts to get light outside. People wake up in the morning. Some people go to work. Some go to school.

Afternoon is the middle part of the day. The afternoon starts at 12 o'clock. People usually eat lunch in the afternoon. The sun is shining bright if it's a sunny day.

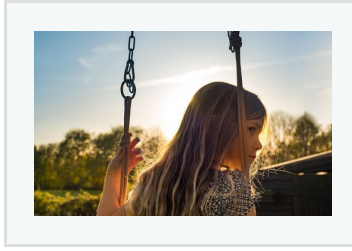
Evening comes after the afternoon. Evening starts around 6 o'clock. The sun sets in the sky in the evening. It starts to get dark outside. People usually eat dinner in the evening.

Night is the last part of the day. It is very dark outside at night. The sun is gone. But you might see the moon in the sky. People go to bed at night.

Which part of the day does this photo show?



# Days of the Week



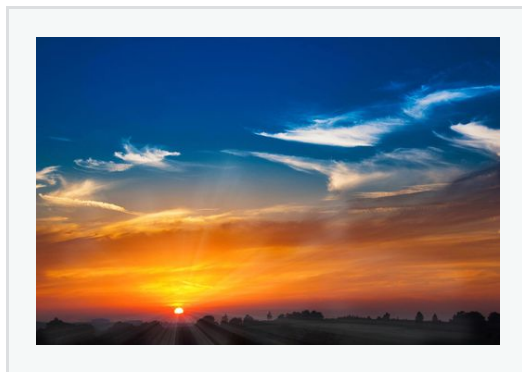
A week is made up of days. There are seven days in one week.

In the United States, Sunday is the first day of the week. Monday is the second day. Tuesday is the third day. Wednesday is the fourth day. Thursday is the fifth day. Friday is the sixth day. Saturday is the last day of the week.

Saturday and Sunday make up the weekend. The weekend starts Friday night. It ends Sunday night. Kids don't go to school on the weekend. They may play. They may read. They may do homework. They usually go back to school on Monday.

What do you like to do on the weekends?

# The Spinning Earth



Look at the sky in the morning. Do you see where the sun is? Look at the sky later in the afternoon. Do you see that the sun is in a different spot?

But the sun doesn't really move in the sky. Yet as the day goes on, the sun's place in the sky seems to change. This happens because the Earth is spinning. As the Earth spins, different parts of the Earth pass through the sun's light. Where you see the sun in the sky depends on where your side of the Earth is facing.

If you can, try this! Take a flashlight and shine it on one side of a globe. Now spin the globe. See how different parts of the globe pass through the light. The flashlight is like the sun. The spinning globe is like the spinning Earth.

# Months of the Year

December 2016						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

A calendar shows the days, weeks, and months of a year. You may have a calendar at home. You may have a calendar at school.

Take a close look at a calendar. You will see there are seven days in a week. There are four full weeks in a month. There are 12 months in a year. Can you name all the months in a year?

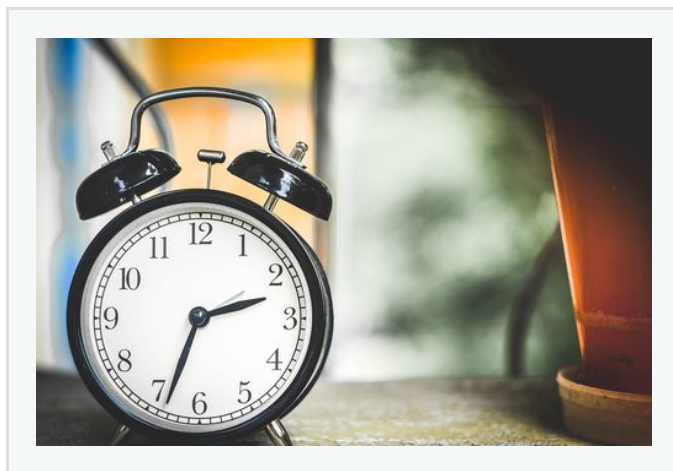
Some months are 31 days long. Other months are 30 days long. February is the shortest month. Most years February is only 28 days long. Other years February is 29 days long. Years when February is 29 days long are called leap years.

# What Time Is It?

Knowing what time it is can be very important! You need to know what time you're going to school. You need to know what time you're going to meet your friend. You don't want to be late!

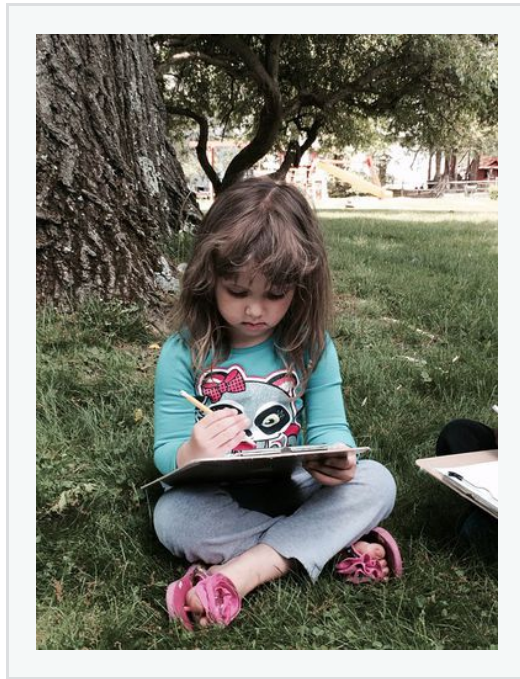
How do you check what time it is? Maybe you look at a phone. Maybe you look at a computer. Maybe you look at a clock. A clock shows you what time it is. The small hand of the clock points at the hour of the day. The big hand points at the minute of that hour. There are 60 minutes in an hour.

This clock shows it's almost 2:35. Do you think it's 2:35 in the afternoon or late at night? How do you know?



# Let's Make a Schedule!

Making a schedule can be very helpful. A schedule is a list of times when certain things will happen. A schedule can help you do things on time.



Let's say you have a busy Saturday coming up. Let's say you have to do your homework. You also have to go shopping with your mom. You're also going to hang out with your friend.

Your schedule could look something like this:

8AM – 9AM: I will eat breakfast.

9AM – 10AM: I will work on homework.

10AM – 12PM: I will shop with Mom.

12PM – 1PM: I will eat lunch with Mom.

1PM – 3PM: I will go home and rest.

3PM – 5PM: My friend comes to hang out!

AM means the time is in the morning. PM means the time is in the afternoon or at night. Do you want to try and make a schedule?